



BC PROVINCIAL OVERDOSE ALERT

INCREASED DRUG TOXICITY REPORTED ACROSS BC (BOTH STIMULANTS & DOWN)

- Increase in both fatal and non-fatal overdoses over the last few weeks
- More severe overdoses being reported
- Increased community overdose & drug alerts since March 22nd

FOR YOUR SAFETY:

- 1) Use an Overdose Prevention Site, if you can. [FIND AN OPS](#)
- 2) Pick up a naloxone kit. [FIND A SITE](#). Call ahead for hours.
- 3) Avoid using alone. Find a buddy or have someone check on you.
- 4) Talk to your doctor or nurse practitioner about how to access prescription medications to reduce overdose risk and prevent withdrawal. Click [here](#) for more info.

THIS IS A PROVINCIAL ALERT

Check your local Health Authority websites for local alerts

- To **FIND AN OPS**: <https://www.stopoverdose.gov.bc.ca/theweekly/overdose-prevention-sites-supervised-consumption-services-drug-checking>
- To **FIND A SITE**: www.towardtheheart.com/site-finder
- More info on **accessing prescriptions**: <https://www.bccsu.ca/wp-content/uploads/2020/04/Postcard-COVID-v2.pdf>
- For more information on ways to stay safe while using substances during COVID-19 please check: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/priority-populations/people-who-use-substances>

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