



COMMUNITY UPDATE

The latest from Northern Health

July 14, 2021

Note: Please share any information in this update as appropriate.

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COVID-19



COVID-19 outbreak declared over at Rotary Manor, Dawson Creek

Northern Health is pleased to advise that a COVID-19 outbreak declared June 11, 2021 at Rotary Manor in Dawson Creek, is officially over. COVID-19 outbreak protocols are being lifted for the affected unit (Special Care Unit-South).

For more information, please read the [whole story on the Northern Health website](#).

Image sourced via dawsoncreek.ca

Daily update on COVID-19

gov.bc.ca/covid19



BC vaccination coverage rates and COVID-19 activity

COVID-19 dashboard

Visit the [COVID-19 surveillance dashboard](#) from the BCCDC for information by local health area and community health service area.

COVID-19 numbers

As of July 13, **7,804** cases have been reported in the NH region since the beginning of the pandemic.

- Cases currently active: **27**
- New cases: **1**
- Currently in hospital: **1**
- Currently in ICU level care in hospital: **1**
- Deaths in the NH region since the beginning of the pandemic: **157**

For the latest provincial numbers, see the [BC COVID-19 dashboard](#), which is updated Monday-Friday. The dashboard may not work in all browsers; Chrome is suggested.

As well, for a visual comparison of COVID-19 cases in BC by HSDA to other Canadian and global jurisdictions, see the [COVID-19 Epidemiology app](#). It's updated on Mondays, Wednesdays, and Fridays.

- [Joint statement on Province of B.C.'s COVID-19 response](#) – July 2, 2021
- [BCCDC Situation Report](#) – July 7, 2021

Trusted links and resources for COVID-19

- [BC Centre for Disease Control](#)
- [HealthLink BC COVID-19 page](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- Northern Health Virtual Primary and Community Care Clinic: **1-844-645-7811**
- Northern Health Environmental Health Officer Line: **1-250-565-7322**
- For **non-medical info**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's webpage on current health topics](#).

OVERDOSE PREVENTION & RESPONSE

Take Home Naloxone and the effects of extreme heat

Elevated temperatures like those of British Columbia's recent record-breaking heat wave present a threat to expandable goods such as Naloxone. Naloxone can become less potent and ultimately spoil if exposed to extreme heat.

It is recommended that Naloxone is stored between 15°C-30°C and to be kept in a dark place. Research has shown naloxone can be safely used after hot and cold stresses. If the Naloxone is repeatedly outside the recommended temperature range, we advise going to a THN site and replacing the ampoules. The replacement process for expired naloxone should be followed for more details see <http://towardtheheart.com>.

If the only naloxone available is known to have been outside recommended temperatures (or is past its expiry date) **use it**. It may not be as effective but **do not delay** and wait for additional help to arrive. If someone is having an opioid overdose they need naloxone as soon as possible.

YOUR HEALTH, A PRIORITY



Phase 3 for doctor's offices

BC has entered phase 3 of the Restart Plan, which means some restrictions have eased for the public when it comes to wearing masks. However, there are no changes for doctors' offices.

Family doctors, specialists, staff, patients and visitors to community practices must continue to wear medical masks as set out in the provincial government's mask policy.

Please visit the [Doctors of BC website](#) to read the full article.

Applications open for active transportation infrastructure grants

The Province is committing \$36 million to active transportation infrastructure projects over the



next three years, helping to create more liveable and sustainable communities throughout British Columbia.

[Applications to receive up to \\$500,000 are open from June 24 to July 30, 2021.](#) The percentage of provincial funding is determined by a cost-share sliding scale that supports Indigenous communities and communities with a smaller population tax base.

Learn more about the project on the [BC government news website](#).

Image sourced via news.gov.bc.ca



Emergency preparedness planning

With a heatwave hopefully behind us, but summer weather well upon us, now is a great time to keep thinking about how to stay safe and healthy this summer. Northern Health has pulled together [a few lists of information](#) to help!

Image sourced via healthlinkbc.ca



Community toolkit [digital COVID-19 resource](#) for community partners.

Wash your hands often with warm running water and soap for at least 20 seconds.

Avoid contact, keep a safe distance of at least 2 meters from others, and limit your movements to reduce contagion.
