



COMMUNITY UPDATE

The latest from Northern Health

July 21, 2021

Note: Please share any information in this update as appropriate.

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COVID-19

Northern Health vaccination popup clinics

For more information, please visit the [Northern Health COVID-19 immunization clinics website](#).



Northern Interior

Prince George

Mass Clinic: Mon-Sat
(10:30am-5:30pm)

Location: Prince
George Civic Centre

Quesnel

Drive-thru clinic: July
19-23 (4pm - 8pm) July
24 (10am - 4pm)

Location: West Fraser
Timber Park

Mass clinic: Tuesday to
Friday (Alternating
Saturdays, hours vary)
Location: Quesnel
Arena #2

Northeast

Dawson Creek

Mass clinic: July 23
(9am- 4pm), 22 (12pm
- 7pm)

Location: Dawson
Creek Health Unit

Chetwynd

Drive-thru Clinic: July
23-24 (10:30am-
5:30pm)

Location: Spirit Park

Fort Nelson

Mass Clinic: July 22
(1:30pm - 7pm)

Location: Fort Nelson
Health Unit

Northwest

Dease Lake

Ongoing clinic
(Tuesdays) July 27 (9
am - 11 am)

Location: Stikine
Health Centre

Hazelton

Ongoing clinic July 22
(9:30 am - 4 pm)

Location: Wrinch
Memorial Hospital
(Cafeteria)

Houston

Ongoing clinic July 20
(9am to 12pm) and 22
(1pm to 4pm)

Location: Coast
Mountain College
(Houston campus)

Daily update on COVID-19

gov.bc.ca/covid19



Vanderhoof

Mass clinic: July 22, 27, 29 (9am-3pm)

Location: Nechako Senior Citizens Friendship Club

Fort St. John

Mass Clinic: July 20-23 (Clinic Hours Vary)

Location: Totem Mall, Old Marks Work Warehouse

Mobile clinic (NHVaxVan): July 22 (5pm – 8pm)

Location: Baldonnel School Parking lot

Mobile clinic (NHVaxVan): July 24 (5pm – 8pm)

Location: Taylor Trading post

Kitimat

Ongoing clinic (Wednesdays) July 21 (10 am - 4 pm)

Location: Kitimat General Hospital

Prince Rupert

Ongoing clinic (Fridays) July 23 (9 am - 4 pm)

Location: The CORE space (next to health unit)

Smithers

Mass clinic: July 20-22 (9 am - 3:30 pm)

Location: Coast Mountain College

Terrace

Mass clinic: July 21, 22 (9 am - 4 pm)

Location: Terrace Sportsplex

BC vaccination coverage rates and COVID-19 activity

COVID-19 dashboard

Visit the [COVID-19 surveillance dashboard](#) from the BCCDC for information by local health area and community health service area.

COVID-19 numbers

As of July 20, **7,811** cases have been reported in the NH region since the beginning of the pandemic.

- Cases currently active: **32**
- New cases: **0**
- Currently in hospital: **2**
- Currently in ICU level care in hospital: **2**
- Deaths in the NH region since the beginning of the pandemic: **157**

For the latest provincial numbers, see the [BC COVID-19 dashboard](#), which is updated Monday-Friday. The dashboard may not work in all browsers; Chrome is suggested.

As well, for a visual comparison of COVID-19 cases in BC by HSDA to other Canadian and global jurisdictions, see the [COVID-19 Epidemiology app](#). It's updated on Mondays, Wednesdays, and Fridays.

- [BC COVID-19 pandemic update](#) – July 20, 2021
- [BCCDC Situation Report](#) – July 14, 2021

Trusted links and resources for COVID-19

- [BC Centre for Disease Control](#)
- [HealthLink BC COVID-19 page](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- Northern Health Virtual Primary and Community Care Clinic: **1-844-645-7811**
- Northern Health Environmental Health Officer Line: **1-250-565-7322**
- For **non-medical info**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's webpage on current health topics](#).

OVERDOSE PREVENTION & RESPONSE

Extreme heat, wildfire and harm reduction

British Columbia is experiencing above average temperatures and with these hot, dry conditions we have witnessed the development of several wildfires across the province. Both extreme heat and wildfires pose significant health risks to community members.

Including:

- People who use substances
- People who are unstably housed or homeless
- Individuals with low socioeconomic status and limited supports

Supporting harm reduction and overdose prevention in community

Harm Reduction (HR) messaging regarding wildfire and high temperature risks encourage individuals stay indoors, keep hydrated and limit outside exposure to heat and smoke. Although well intended this messaging can pose an increased risk for overdose deaths and limit access to HR supplies. When people are unable to access regular supports due to heat and smoke it can lead to isolation and using drugs alone. Furthermore, people who use stimulants and illicit benzodiazepines are at a greater risk for heat related illness due to the effects these substances have on body temperature.

Recommendations

- NH sites and community partners that distribute HR supplies should ensure their HR supplies are well stocked including naloxone in anticipation of potential courier route closures or shipping delays due to wildfire activity
- Distribute quantities as requested by the clients, do not limit supplies including naloxone as many peers supply others
- Those offering outreach services may wish to extend hours or increase outreach to individuals at risk during this time, and should distribute supplies like naloxone, clean drinking water, electrolyte replacement, sunscreen, food and bowls for watering pets
- Familiarize yourself with overdose prevention apps like [Life Guard App](#) or [BeSafe App](#), and the [National Overdose Response Line \(NORS\)](#) for additional support over the phone

- Work with local community action team (CAT) tables, municipalities, community groups, first nation communities and peer organizations to assess and understand specific community needs and barriers that exist due to changing situations

YOUR HEALTH, A PRIORITY

NEW Long-term Care/Assisted Living Digest

The long-term care task group is producing updates once a month for residents and families of long-term care homes and assisted living facilities.

Issue 25 of the long-term care and assisted living digest is now available. This issue provides an update on changes to long-term care and assisted living visitor policies effective July 19, 2021, information about volunteers in facilities, and the re-opening plan for adult day programs.

image sourced via [Northern Health Stories](#)



Emergency preparedness planning

With a heatwave hopefully behind us, but summer weather well upon us, now is a great time to keep thinking about how to stay safe and healthy this summer. Northern Health has pulled together [a few lists of information](#) to help!

Image sourced via [healthlinkbc.ca](#)



Community toolkit [digital COVID-19 resource](#) for community partners.



Wash your hands often with warm running water and soap for at least 20 seconds.

Avoid contact, keep a safe distance of at least 2 meters from others, and limit your movements to reduce contagion.