



# COMMUNITY UPDATE

*The latest from Northern Health*

**July 28, 2021**

Distributed late (July 29, 2021) due to internal difficulties.

**Note:** Please share any information in this update as appropriate.

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## **COVID-19**



### **Vax for BC**

If you haven't got vaccinated yet or if it's been more than 49 days since your first dose, get vaccinated now at a drop-in, mobile or special event clinic. Roll up your sleeve and stop the spread of COVID-19.

Visit the [Vax for BC website](#) for more information.

# Daily update on COVID-19

[gov.bc.ca/covid19](https://gov.bc.ca/covid19)



## BC vaccination coverage rates and COVID-19 activity

### COVID-19 dashboard

Visit the [COVID-19 surveillance dashboard](#) from the BCCDC for information by local health area and community health service area.

### COVID-19 numbers

As of July 27, **7,824** cases have been reported in the NH region since the beginning of the pandemic.

- Cases currently active: **14**
- New cases: **3**
- Currently in hospital: **2**
- Currently in ICU level care in hospital: **3**
- Deaths in the NH region since the beginning of the pandemic: **158**

For the latest provincial numbers, see the [BC COVID-19 dashboard](#), which is updated Monday-Friday. The dashboard may not work in all browsers; Chrome is suggested.

As well, for a visual comparison of COVID-19 cases in BC by HSDA to other Canadian and global jurisdictions, see the [COVID-19 Epidemiology app](#). It's updated on Mondays, Wednesdays, and Fridays.

- [BC COVID-19 pandemic update](#) – July 27, 2021
- [BCCDC Situation Report](#) – July 21, 2021

### Northern Health COVID-19 vaccination clinics

Visit the [Northern Health COVID-19 immunization clinics website](#) for a list of local vaccination clinics.

## Trusted links and resources for COVID-19

- [BC Centre for Disease Control](#)
- [HealthLink BC COVID-19 page](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- Northern Health Virtual Primary and Community Care Clinic: **1-844-645-7811**
- Northern Health Environmental Health Officer Line: **1-250-565-7322**
- For **non-medical info**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's webpage on current health topics](#).

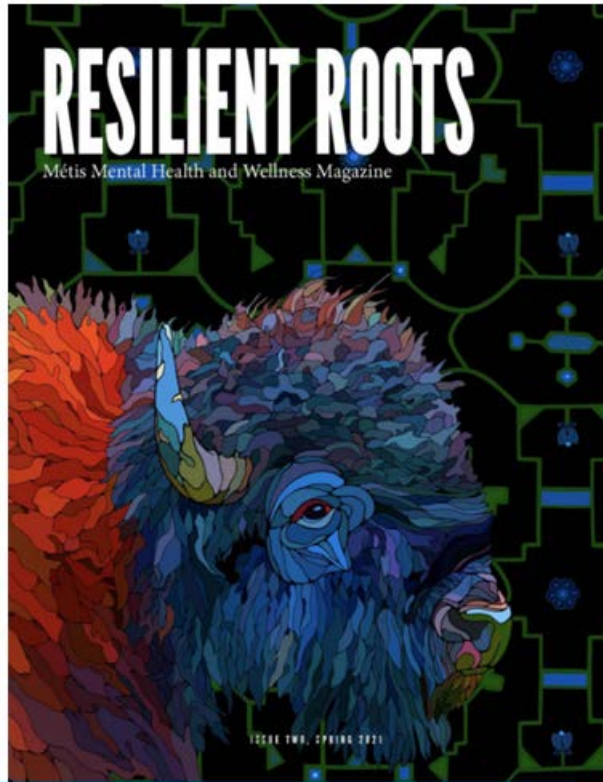
## YOUR HEALTH, A PRIORITY

### Resilient Roots: Métis Mental Health and Wellness magazine now available

"Resilient Roots: Métis Mental Health and Wellness is a magazine produced by the [Métis Nation British Columbia's](#) (MNBC) Métis Youth (MY) Mental Health and Wellness Initiative. [...] The spring 2021 issue of Resilient Roots features powerful stories, poetry, photography, and personal essays from Métis Community Members across the province."

To read more about the MNBC, MY, and Resilient Roots magazine, please visit the [Indigenous Health website](#).

To download the magazine, please visit the [MNBC website](#).



**Community toolkit** [digital COVID-19 resource](#) for community partners.

**Wash your hands often** with warm running water and soap for at least 20 seconds.

**Avoid contact**, keep a safe distance of at least 2 meters from others, and limit your movements to reduce contagion.

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