September 9, 2020

Note: Please share any information in this update as appropriate.

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COVID-19

Provincial case counts and statements

As of September 8, 2020, there were 186 confirmed COVID-19 cases in the Northern Health region. A total of 31 cases in the North are considered active. As always, it is important that we remain vigilant in our communities.

For the latest provincial numbers, please refer to the BC COVID-19 dashboard, which is updated Monday-Friday. The dashboard may not work in all browsers; Chrome is suggested. Surveillance reports for COVID-19, which includes breakdown of cases by Health Service Delivery Area,
are posted every Thursday on the BCCDC website.

- Joint statement on Province of B.C.’s COVID-19 response – September 8, 2020
- BCCDC Surveillance report – September 3, 2020

Amended provincial health order: Bars, nightclubs, and banquet halls

Despite efforts by public health teams, bars, nightclubs, and banquet halls remain a significant point of risk for spread of COVID-19. Because of this, the provincial health officer’s order has been amended.

As of September 8, all nightclubs, and stand-alone banquet halls have been ordered closed until further notice. Liquor sales in bars, pubs, and restaurants must stop by 10 pm and venues must close by 11 pm, unless they are providing full meal service.

If a venue is providing full meal service, it may remain open, but may not serve liquor until 11 am the following day. Additionally, music and other background noise, such as televisions, must be no louder than the volume of a normal conversation.

See the Government of BC’s website for a full list of provincial health officer orders.

Photo by Alex Knight on Unsplash

New modelling and projections for COVID-19 in BC

New modelling and projection figures are available from the BCCDC. These figures represent the latest epidemiological numbers and data trends and were used in the September 3 COVID-19 joint statement.

All BCCDC COVID-19 modelling and projections are available on both the BCCDC website and on the modelling and projections page of the NH physician website.

COVID-19 Guide for communities

Northern Health’s printable booklet Coronavirus (COVID-19): A Northern Health Guide for Your Community contains all the information you need to help keep your community safe and well informed. The community guide is updated regularly online.
Trusted links and resources for COVID-19

- BC Centre for Disease Control
- HealthLink BC COVID-19 page
- WHO FAQ
- Health Canada FAQ
- COVID-19 content in other languages
- WorkSafe BC - COVID-19 information and resources
- Northern Health COVID-19 Online Clinic & Information Line: 1-844-645-7811
- For non-medical info, call 1-888-COVID19 / 1-888-268-4319 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the Provincial Health Officer's webpage on current health topics.

OVERDOSE PREVENTION AND RESPONSE

Anti-stigma resource: Compassionate Engagement Modules Part 1

The Compassionate Engagement Modules are a series of interactive case studies about stigma and discrimination experienced by People Who Use Drugs (PWUD). These modules are designed to engage PWUD and the people who provide services to them (health care providers, frontline service providers, managers, and leadership).

The Compassionate Engagement Modules provide an opportunity for PWUD and providers to learn from each other’s perspectives, develop solutions, and practice compassionate care, effective communication, and self-advocacy.

To access the Compassionate Engagement Modules, visit Toward the Heart.

Photo by Adi Goldstein on Unsplash

OTHER ORGANIZATIONAL NEWS
Share your thoughts on getting health care by video, phone, or text: Survey ends tonight!

Virtual health care is health care you get by video, phone, or text. It’s also called digital health care. The Rural Coordination Centre of BC, one of Northern Health’s partners, is asking everyone in Northern BC what a successful virtual health care experience would look like for them – take part and share your thoughts!

Click to take the survey now (it’s 100% anonymous). The survey closes tonight at midnight – last chance to take part! Your ideas will help planners set priorities and create virtual care opportunities for people in the north.

Thank you in advance for taking part! The results will be shared…watch for details!

YOUR HEALTH, A PRIORITY

Wash your hands often with warm running water and soap for at least 20 seconds.

Avoid contact, keep a safe distance of at least 2 meters from others, and limit your movements to reduce contagion.