January 27, 2021

Note: Please share any information in this update as appropriate.

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COVID-19
Provincial case counts and statements

As of January 26, 2021, 3,251 cases have been reported in the NH region since the beginning of the pandemic.

- Cases currently active: 511
- New cases: 38
- Currently in hospital: 46
- Currently in ICU-level care in hospital: 16
- Deaths in the region since the beginning of the pandemic: 61

For the latest provincial numbers, see the BC COVID-19 dashboard, which is updated Monday-Friday. The dashboard may not work in all browsers; Chrome is suggested.

Situation reports, including a breakdown of cases by HSDA, are posted each Friday by the BCCDC.

- BCCDC Situation Report – January 22, 2021
Northern Health’s most recent vaccine clinics

See stories and photos from Northern vaccine clinics in these recent Facebook posts:

- Fraser Lake Community Health Centre
- Smithers: Bulkley Lodge, and Bulkley Valley District Hospital (see photo at left of Ron Purnell, a resident of Bulkley Lodge, receiving his COVID-19 immunization)
- Quesnel: Dunrovin Park Lodge

Even with the COVID-19 vaccines, we still need to follow all the orders and guidelines for public health and safety. This will help keep us all safe.

For more information on vaccines:

- See Northern Health’s new vaccine information page
- For immunization numbers, see “Vaccine supply and administered” on the provincial dashboard (works best in Chrome).
- See details on vaccine distribution: BCCDC: BC’s plan for vaccine distribution.
- Follow Northern Health on social media, where we share the most up-to-date information on vaccine clinics, outbreaks, new provincial orders, and more:
  - Facebook
  - Twitter
  - Spread the good news! Like and share this Facebook post, which provides general info on COVID-19 vaccines throughout the North: COVID-19 vaccine arrives in Prince George
- For local vaccine information for your community, check out the Northern Health Facebook community groups.

Photo: Northern Health

COVID-19 Guide for communities

Northern Health’s printable booklet Coronavirus (COVID-19): A Northern Health Guide for Your Community contains all the information you need to help keep your community safe and well informed. The community guide is updated regularly online.
Trusted links and resources for COVID-19

- BC Centre for Disease Control
- HealthLink BC COVID-19 page
- WHO FAQ
- Health Canada FAQ
- COVID-19 content in other languages
- WorkSafe BC - COVID-19 information and resources
- Northern Health COVID-19 Online Clinic & Information Line: 1-844-645-7811
- For non-medical info, call 1-888-COVID19 / 1-888-268-4319 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the Provincial Health Officer’s webpage on current health topics.

OVERDOSE PREVENTION AND RESPONSE

Episodic Overdose Prevention Services (e-OPS) available

To prevent overdose deaths, episodic overdose prevention services (e-OPS) is another option to meet these needs in Northern communities. E-OPS allows providers to observe substance use anywhere and anytime. To learn how it works for people who use drugs, see the BCCDC’s overdose resource: Episodic Overdose Prevention Services (e-OPS).

To find a harm reduction site near you, visit https://towardtheheart.com/site-finder.
New Long-Term Care /Assisted Living Digest, Issue #15: Information for residents and families

The long-term care task group is continuing to produce updates twice a month for residents and families of long-term care homes and assisted living facilities.

This issue of the update provides information on COVID-19 vaccinations and the updates to the long-term care and seniors' assisted living visitor policy.

Photo: Registered Nurse Teresa Friesen immunizes Dunrovin resident Richard Brophy at Dunrovin Park Lodge in Quesnel.

YOUR HEALTH, A PRIORITY

Wash your hands often with warm running water and soap for at least 20 seconds.

Avoid contact, keep a safe distance of at least 2 meters from others, and limit your movements to reduce contagion.